gump·tion | BUFFET BREAKFAST

Available between 6am & 10am

Full Cooked Buffet Breakfast

40

Includes all items below

Pancakes	French Toast	Grilled Tomato	Mushrooms
Bacon	Pork Sausage	Beef Sausage	Hash Browns
Scrambled Eggs	Baked Beans		

Continental Buffet Breakfast

30

Choose from

Bakery

Crumpets	Selection of Danish	Croissant	English Muffins
Bagels	White Bread	Grain Bread	Fruit Loaf

Cereals

Granola	Cornflakes	Sultana Bran	Weetbix

Cold Counter

Cheese Selection	Meat Selection	Natural Yoghurt	Berry Yoghurt
Seasonal Fruit Salad	Berry Shooters	Chia Seed Pudding	

Hot & Cold Drinks

Coffee	Tea	Orange Juice	Apple Juice
Iced Tea			

df – dairy free **gf** –gluten free **n** – contains nuts **p** – contains pork **s** – contains seafood **v** – vegetarian
vg – Vegan plant-based food * – on request

Gump·tion | À LA CARTE BREAKFAST

Available between 6am & 11am

Fruit Bowl (gf, vg) 20

A selection of seasonal fruits with coconut yoghurt

Full Gumption (gf*) 35

Two eggs the way you like, bacon, tomato, sausages, mushrooms, hash brown, toasted rustic bread and baked beans

Two Eggs the Way You Like (gf*) 21

Served on toasted rustic bread with tomato chutney

Vegan Bircher Muesli (vg) 20

Coconut yoghurt with oat milk, berries & dried fruit

Morning Superfood Start (n, v, gf*) 21

Avocado on toasted sourdough bread with beetroot hummus, baby spinach and a pistachio crumble

Non Vegan, Add 2 Poached Eggs **9**

Three Egg Omelette (gf*) 23

Served with toasted rustic bread.
Choose three fillings: ham, cheese, mushroom, onion, tomato, spinach

Eggs Benedict (gf*) 27

two poached eggs served on English muffin with hollandaise sauce.
Choice of the following: shaved ham, smoked salmon or spinach & mushroom

Barista Coffee

	Regular	Large
Short Black / Long Black / Americano	5	-
Short Macchiato / Long Macchiato	5.5	-
Cappuccino / Flat White	6	6.5
Latte	-	6.5
Mochaccino	6	6.5
Hot Chocolate	6	6.5
Chai Latte	6	6.5

Coffee Additions

Alternative Milk – Oat, Soy, Almond & Coconut	1
Coffee Syrup – Caramel, Vanilla & Hazelnut	1
Extra Shot	1

Additional Sides

Crispy bacon	9
Sausage	9
Two fried, size 7 free-range eggs	9
Grilled tomato	6
Creamy mushrooms	9
Toast *(white, country grain)*	5
Fruit cup	9
Two hash browns	8

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